

Praying Together

Creating a Prayer Space at Home

1) Choose a place in your home where your family likes to spend time together.

2) Clear off the top of a book case or side table, or purchase a new one, to be the base of your prayer space. You may also include cushions, blankets or other seating for comfort.

3) Choose items to adorn your space, including but not limited to: a family Bible, a cross or crucifix, statues, icons, prayer cards, holy water, candles, fresh flowers, items from nature and colored cloth (green, purple, white or red depending on the Church season). Choose items that are meaningful to your family. You can also use different items at different times.

4) Once you have decorated your prayer space, bless it together as a family. Here is one example:

Let us ask God for his blessing.

Heavenly Father, Lord of heaven and earth,
We praise you and give you glory.
Be with us as we pray,
And bless + us in your love.

Let this be a place reserved for prayer.
Listen to the praise and petitions
Of all who come here to pray,
And be pleased with their worship.
Send the Spirit of Jesus to guide them,
And accept the praise of humble, contrite hearts.

We ask this grace, holy Father, through Jesus, our
Lord and our brother, in the love and unity of your
Holy Spirit, one God, forever and ever. Amen!

5) Enjoy your space and time with God! As a family and as individuals set aside time every week to spend time here in conversation with our Lord.

